

Weekly Journaling

Undergraduate Internship HIS 390

Every week post an update to the discussion board on Canvas. You will also need to print these out at the end of the internship as part of your final internship packet.

In writing the journal entries, address the following:

- List how many hours you worked this week
- Literally what have you been doing? Believe it or not, you probably won't remember the details even a couple of months later?
- What do you think about it? Be honest about shortcomings, challenges, and uncertainties.
- Are you running into any problems that are making the experience less than you had hoped?
- Does the experience remind you of anything you discussed in your classes?
- Does it lead to any new thoughts about the field and your place within it?