**INTERNSHIP REFLECTION ESSAY ASSIGNMENT**

An internship builds skills and professional connections, but it also allows students to explore career options and reflect on where they belong within the field—where their personal interests lie, what sort of work environment suits their temperament, how their training has or has not prepared them to move forward, and what professional opportunities they next want to pursue.

In light of these issues, please use **approximately 5-7 pages** to step back from your recently completed internship and reflect on its meaning and significance to you and your career.

In doing so, you might want to consider the questions below (you do not necessarily need to answer each question in order):

* *Briefly*, what were you main duties and accomplishments during the internship?
* Overall, what was valuable to you about the internship?
* What surprised you the most about the experience?
* Did the internship lead you to any insights about *how* you like to work (schedule, degree of collaboration, public contact, etc.)?
* Did it lead to any new ideas about the career path you hope to pursue?
* Did your coursework prepare you for the work, or did the ideas from the classroom seem a million miles away?
* If you could do the internship process all over again, what would you do differently?
* What could the department do differently to help?